

Stop The Chaos

Who are you? What makes you who you are? The question of identity stumps most people. You know what you *do*. What positions you hold. What titles you have. What roles you fill.

But when pressed for more - crickets. *Ummm, I don't know*. Or **PANIC**. What does that even mean? And why am I annoyed at the question?

You see, it's common to answer, "I am the director of...I run...I oversee...I manage..." but that's not actually *WHO* you are.

It's backwards thinking. And that thinking produces trouble.

It drives the proving, demanding, blaming, micro-managing, over accommodating, under accommodating and the inevitable *now I have to try yet another approach with this person because they're just not getting it* - chaos.

What if part of your organization's chaos is fueled by a misinformed identity?

What if you and your team are playing roles instead of defining your core identity - *WHO* are you as a whole organization?

- As individuals
- As leaders
- As teams

And what's the connection between your core and your mission? What would your culture look like, feel like, sound like, and generally function like if you had a solid sense of identity? What choices would you make? How would you communicate?

You may be thinking this all sounds like a luxury to even ponder.

And definitely not what's needed at work. I mean there's real work to be done and a mission to accomplish. But what if **not** addressing this foundational issue is a key part of the very "people problem" chaos you're facing?

So what are those thoughts that pop up during inopportune moments that you do your best to dismiss (out of sheer ridiculousness)? Or the ones that are so automatic that you don't even give them a second thought? They don't match other things you think about yourself, yet they're repeat offenders about **your worth. Or ability. Or connection to others. Or place in the world. Or...**

You may TRY to white knuckle your way through to rise above it, but they drive you to function and operate in a way that's not in alignment with who you *really are*.

You believe the lies that say:

- "I have to try and prove myself to all those people who doubted me."
- "I'm just a handler - I take care of all the things - that's just who I am."
- "I need all the pressure - that's when I really shine."

What if you could recognize what's going on inside of you - in your nooks and crannies - as your **default way of being?**

Not who you *really are*...

What if you could just stop the chaos?

- And what if you were free to be who you *really are*?
- **And free to make decisions in alignment with who you *really are*?**
- And free to have clarity, energy and focus to accomplish your mission?

It's all available for you. For your team. For your organization.